

We are pleased to announce the launch of a brand new qualification.

## NCFE CACHE Level 2 Certificate in Understanding Behaviour That Challenges (603/1062/5)

Challenging behaviour is causing increasing concern today as many individuals have increasing levels of stress and uncertainty in their lives. This behaviour can be due to factors such as anxiety, neglect, abuse, learning disabilities and conditions like dementia. Understanding the causes of challenging behaviour is the first step towards finding ways to support individuals and manage their behaviour. Lack of knowledge can be a major barrier to managing behaviour, which means that the right training is essential for anyone dealing with challenging behaviour so they can respond effectively to the triggers, signs and symptoms.

The qualification covers the following key areas, delivered across two workbooks and assessments:

### Workbook 1

This workbook explains what is meant by challenging behaviour and the different types of behaviour that may be seen. Learners will consider how behaviour can be a form of expression and a symptom of other things, along with the possible causes. They will look at the importance of identifying patterns of behaviour, recognising changes in individuals and the importance of supporting individuals to take avoidance actions.

### Workbook 2

This workbook explains the importance of communication when managing behaviour and how to overcome barriers to communication that individuals can face. Learners will consider how their own communication can impact on an individual's behaviour. They will learn how to support an individual with communication, learn about support services available and how challenging behaviour can be recorded and reported. They will also consider how reflection on incidents can help in managing behaviour.



Knowledge-Based  
GLH: 130  
TQT: 153