

## Level 2 Certificate in **Understanding Working in Mental Health**



### Key info

**Type of qualification:** QCF

**Guided Learning Hours:** 120

**Credit Value:** 14

### Course overview

**In 2013, 75% of people with mental health problems in the UK admitted that they had shied away from forming close personal relationships as a result of their condition. A shocking 82% said they felt embarrassed and ashamed of their condition.**

These figures show that it is vital for anyone working around people with mental health problems to understand each condition and person fully, along with their duty of care and how to provide appropriate support. By completing this course you will learn how to resolve dilemmas, deal with complaints, understand the different treatment options available for people with mental health and, ultimately, gain a nationally recognised qualification.



the **skills** network



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### Who is suitable?

Anyone who is already working in, or intending to work in, the healthcare or social care sector. The course provides them with an understanding of a spectrum of mental illnesses. This course is suitable for anyone who is caring for a loved one with mental health problems.

### Learning method

Studying via distance learning means you can choose when and where you study.

This course is available:

 **Paper-based**

The online course is available on The Skills Network's online learning platform, **EQUAL**. Online learning with a difference, **EQUAL** features:

- **Exciting and engaging content**
- **Interactivity – featuring videos and games to enhance learning**
- **Virtual tutors who offer hints, tips and guidance throughout the course.**

### What you will learn

**This course is split into 5 manageable units:**

- Mental health and mental health issues
- Introduction to duty of care in health, social care or children's and young peoples' settings
- Valuing equality and diversity
- Approaches to care and management in mental health
- Understanding change and support in relation to mental health.

### Benefits

- Gain a nationally recognised qualification
- Create a long-standing career pathway within the health and social care industry
- Courses are delivered as distance learning, allowing learners to choose when and where to study
- Personal tutors are assigned to ensure learners have the support needed to succeed.

no exams  
just assessments



## Contact us

To register, or for more information, please contact us on:

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